

Self-Assessment

If you answer **Yes** to any of the following, FSS can help you and your family plan for a better future!

Do you want?

More financial Independence? Build your resume/ budget

☐ Yes ☐ No

Interested in homeownership?

☐ Yes ☐ No

Interested in a new skill set or education.
Build your own business.

☐ Yes ☐ No

*The Family Self- Sufficiency Program
can help you open the door to success.
The FSS coordinator can help you
identify and connect to resources
available to meet your needs*



For more information about the
Family Self Sufficiency Program,
please contact:

NEK-CAP, Inc. Housing Dept.
Mary Webb, FSS Program Cord.
PO Box 380
Hiawatha, KS 66434
Office: 785-742-2222 ext. 112
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Email: mwebb@nekcaph.org

Goal Setting

S ~ Specific
M ~ Measurable
A ~ Attainable
R ~ Relevant
T ~ Time - Bound

NEK-CAP, Inc.'s VISION

*One by one all individuals, families and
communities become self-reliant.*



NEK-CAP, Inc. is an equal opportunity
provider and employer.

Updated 6/30/2025

NEK-CAP, Inc.

*We provide comprehensive education and
social services to low-income community members
through collaborative partnerships focused on
promoting the development of individuals and
families, empowerment, and economic security.*



Housing Choice Voucher Family Self-Sufficiency Program



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PO Box 380 ~ 1260 220th Street
Hiawatha, KS 66434
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How Does FSS Work?

Where do you imagine yourself in 5 years?

A new job?

A finished degree?

New technical skills?

Moving towards homeownership?

The Family Self Sufficiency Program is a 5-year work and saving program for families receiving housing assistance through NEK-CAP, Inc. Housing Choice Voucher Program.

Working with a dedicated FSS Coordinator/Coach, program participants set long and short-term goals that will increase their ability to earn greater income and move toward self-sufficiency.

Participants commit to working toward reaching personal goals, in exchange, participants will receive supportive services and the opportunity to earn an escrow savings account.

GOT GOALS:

- 💡 Education
- 💡 Need help with debt reduction
- 💡 Building Credit or increasing credit scores
- 💡 Want to build on career advancement
- 💡 Do you help navigating services
- 💡 Interested in Home Buyer education

"Happiness belongs to the self-sufficient" ~ Aristotle

Escrow Account

The incentive of the FSS Program is a special escrow account that is set up for each participant. As participants increase work wages so does the opportunity to save monthly. Once a family meets all required goals by HUD then any savings upon graduation are sent to families. Each graduate decides how this money can best serve the future of their family.



Requirements

Participants Must:

- 💡 Seek and maintain suitable employment.
- 💡 Be welfare free (TANF) not receive TANF assistance.
- 💡 Complete all goals
- 💡 Comply with lease
- 💡 Follow family obligations

Providing services in: Atchison (not city limits), Brown, Doniphan, Jackson, Jefferson, Nemaha, & Marshall Counties

Frequently Asked Questions

Do I have to Give up housing?

No, FSS Participants continue to receive housing assistance as long as they are eligible. The FSS program is intended to help participants move towards self-sufficiency. Many have achieved high school or college degrees and obtained good jobs and careers.



What do I get from the program?

- 💡 One on one coaching to help set and reach goals
- 💡 Referrals to education, job training, childcare, or financial resources
- 💡 A special saving account(escrow) that grows as your earned income increases

Do I have to pay taxes on money earned in the FSS program? No, all money earned is tax exempt.

